A MESSAGE FROM THE TRIO SSS STAFF

We are just a few weeks away from the end of the fall 2018 semester. It feels like it went so fast! This fall we added dozens of new students to our TRIO family, visited local universities, toured St. Cloud sites, participated in a campus service project, hosted workshops, and celebrated the success of First Gen students. Whew! Good thing Winter Break is just around the corner!

For those of you finishing up your first semester of college—Congratulations! The first semester is often times the most difficult for college students. The transition is a big one, but by now you’re hopefully feeling like you know your way around campus and have adjusted to the increased rigor of college classes. If you’re disappointed by how the semester went, spend some time thinking about what you might do differently this spring. Will you start seeing a tutor? Make a habit of visiting your instructors during office hours? Find a new location to study? Stop by to see your TRIO Advisor if you’d like help creating a plan or setting new goals for yourself.

We also have a number of TRIO students who are finishing their degree this fall. Congratulations to you all, as well! We could not be more excited for you! It has been a joy to work with you during your time at SCTCC and we wish you all the best in your next endeavor. Please don’t forget about us—stop in or call to let us know how you’re doing!

Lastly, we wish all of our students a restful and restorative Winter Break. Take some time for yourself. Also invest some time into your supporters and those you love the most. Celebrate your successes and create a plan for continued success this spring.

Stop in to see us if you’d like! TRIO is open every day that the college is open over Winter Break!

Best wishes,
William Tuoy-Giel, LeAnn Pueringer, and Jayne Balicky
TRIO STUDENTS VISIT SCSU & THE AMERICAN INDIAN CENTER

On October 31st, four students visited St. Cloud State University and the SCSU American Indian Center (AIC). The students met with the director of the AIC who shared information about the American Indian population living in Minnesota. The American Indian Center serves as a resource to indigenous students, and also serves to promote awareness, better understanding, and sensitivity to American Indian cultures.

Following their visit to the AIC, students toured the SCSU campus and learned about the college transfer process. They ended their visit with lunch at Garvey Commons, the campus cafeteria.

Attendees were: Khady Windsouri, Tong Vang, Mohamed Abdi, and Matthew Solland.

SCTCC CELEBRATES FIRST-GENERATION COLLEGE STUDENTS

SCTCC participated in the second annual nation-wide First-Generation College Celebration. This day was created in an effort to recognize the contributions of first-generation students. The day of the event, November 8th, marked the 53rd anniversary of the signing of the 1965 Higher Education Act, which helped millions of economically disadvantaged students become the first members of their families to earn college degrees.

At SCTCC, about 65% of the student body identifies as “first-generation college students”. In TRIO, this percentage is even higher. We define a first-generation student as one where neither parent has completed a 4-year degree.

Our First-Generation College Celebration started with a presentation by Shelly Siegel, TRIO Director at North Hennepin Community College. Afterward we heard from panelists representing both college student and staff voices. The day ended with a celebration of first-generation students, giveaways, raffle prizes, and fellowship.

Panelists included: Max Olson, Hannah Jarva, Admissions Representative Naima Hussein, and Jackie Yanez-Nunez.
TRIO STUDENTS LEARN ABOUT NAVIGATING THROUGH COLLEGE

On October 10th, TRIO students attended a workshop called “Navigating the College Experience”. Participants heard from a panel of current students who discussed what it’s like to be a college student at SCTCC. The panelists addressed the challenges they’ve faced and shared how they overcame those challenges.

Participants also learned about the resources available to students at SCTCC and were given tips to make the most out of the college experience.

Suggestions made by the panelists included speaking up in class, communicating with instructors, and making the most out of the resources available at SCTCC. Tutoring services in CAS and TRIO were deemed helpful for difficult classes. Advisors (like your TRIO Advisor) were mentioned as important to being successful in class. Advisors can answer questions and cheer you on as you work toward your degree.

Thank you to our panelists: Kevin Huichapa, Hannah Jarva, and Alexis Zimmer!

TRIO STUDENTS ATTEND TEDX ST. CLOUD

“Cultivating” was the topic of this year’s TEDx St. Cloud 2018 on October 11th. Speakers brought many thought-provoking ideas for the audience to nourish and grow from their own field of mind.

“Cultivating” is an active process to make something better. Each speaker shared ideas and their life experiences to encourage cultivating a better community in St. Cloud.

Our TRIO students had the opportunity to participate and be a part of the audience for this year’s TEDx. For some of the topics shared, students were able to relate and draw from their own experiences. This inspiring session encouraged our TRIO students to fertilize and cultivate their ideas for a better community.

TRIO SSS attendees included: Elijah Chuol, Hannah Jarva, Fatma Abdulrahman, Noel Young, Kennethia Riley, Fatuma Subeda Slad, Alexis Zimmer, Xee Vue (TRIO Intern) and William Tuoy-Giel (TRIO Director).
TRIO SSS STUDENT EMPLOYEE SPOTLIGHT: KHADY WINDSOURI

My name is Khady Windsouri. I am from Ouest Africa and I’m studying Business & Finance at SCTCC. In my free time, I like to go to the gym and read. I joined the TRIO program because of their one to one tutoring and to develop friendships. Tutors at TRIO take their time to walk me through my assignments and that is what I needed. Also, I applied as a student worker because I saw how friendly and welcoming TRIO staff were.

TRIO is a good place to learn and talk to people of different backgrounds. We learn from each other and share our knowledge. I like participating in TRIO activities, too, which has made us be closer and break social barriers.

TRIO SSS STUDENT SPOTLIGHT: A.K. CLEVELAND

We have many new TRIO students this semester and one of them is Alanson Cleveland, also known as AK. AK is originally from North Dakota and is studying Liberal Arts & Sciences at SCTCC. AK enjoys spending time in the TRIO Resource Center. He also finds the one on one tutoring helpful and appreciates that he can meet new people in TRIO.

AK is also involved in our community. He is an active member in the Civil Air Patrol program. In Civil Air Patrol, AK has gained leadership skills and was able to find his passion in becoming a commercial pilot after finishing his studies at SCTCC. He also volunteers at the Veteran’s Association by creating crafts to donate.

AK enjoys building relationships with other people. Welcome to TRIO, AK!

REGISTER NOW FOR SPRING CLASSES

Register before classes fill up!
No new FAFSA is needed for Spring 2019 (same FAFSA as Fall 2018)
MEET YOUR TRIO PROFESSIONAL STAFF

William Tuoy-Giel, TRIO Director

William is a native of South Sudan. He holds a bachelor’s degree in Political Science with a minor in Family and Human Development Studies and a master’s in Higher Education with emphasis on Community Colleges.

William is TRIO SSS program alumni. Prior to joining SCTCC, he served in several academic and student affairs positions at GateWay Community College in Phoenix, AZ. As TRIO Director, he manages the daily operations of the office and advocates for its students to succeed. He volunteers at local community-based organizations and enjoys outdoor activities such as hiking, baseball, and exercising.

LeAnn Pueringer, TRIO Advisor & Tutoring Coordinator

LeAnn is a TRIO SSS Advisor at SCTCC. She has worked with the SSS program for 8 years. LeAnn has her graduate’s degree in Rehabilitation Psychology from St. Cloud State University and has a love of learning. As a TRIO Advisor, LeAnn arranges tutoring and mentoring services in the TRIO Resource Center. In LeAnn’s free time she enjoys spending time with her family, baking, taking educational classes and reading. LeAnn loves helping others and is excited to be part of students’ success.

Jayne Balicky, TRIO Advisor & Technology Coordinator

Jayne serves as a TRIO SSS Advisor at SCTCC. She earned a master’s in College Student Personnel and a bachelor of arts in Business and Public Relations. In her role as TRIO Advisor, Jayne coordinates field trips, workshops, and the laptop loan program. Prior to her current role, Jayne worked in advising, admissions, student life, and residential life at both 2-year and 4-year public institutions. Her favorite part of being an advisor is motivating students and helping them get the support they need to reach graduation. In her free time, Jayne enjoys spending time with her family, being outdoors, and learning new things.

Xee Vue, TRIO SSS Intern, 2018-2019

Xee Vue is a graduate intern in TRIO SSS at St. Cloud Technical and Community College. She is a current graduate student at St. Cloud State University in the master’s program of College Counseling and Student Development. She earned her bachelor’s degree in Early Childhood Education and Elementary Education from Metropolitan State University. She is an educator, role model, and a family-oriented person. She enjoys cooking, reading, and spending time with her puppy Juno. Xee is excited to be a part of the TRIO team for the 2018-2019 academic school year.
## TRIO Fall 2018 Tutoring Schedule

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<tr>
<td>Writing &amp; Reading</td>
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<td>Anatomy &amp; Physiology I &amp; II</td>
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TRIO SSS Tutors are available in the TRIO Resource Center, 1-252
Walk in or call for an appointment: 320-308-5159
COMMUNITY ACTIVITIES - DECEMBER

**Holiday classics movies** at Marcus Theatres are $5/ticket!

- Nov. 30th- Dec. 6: Elf, Home Alone, It’s a Wonderful Life
- Dec. 7th-13th: Christmas Vacation, Polar Express, Miracle on 34th Street

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**30th Annual Festival of Lights**, Thursday, December 6th from 6-8 PM
St. Cloud Hospital; Free event - participants encouraged to bring items to be donated to the food shelf. The traditional holiday lighting ceremony begins at 7 PM. There will be horse-drawn trolley rides, reindeer, holiday carols by the Tech High School Chamber Choir, a living nativity presented by Messiah Lutheran Church of Sartell, visits with Santa and Mrs. Claus, as well as cookies and cocoa. The Gorecki Guest House, across the street from the hospital, also will light up!

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**18th Annual Winter Nights & Light Parade**, Thursday, December 6th - Saturday, December 8th
Downtown St. Cloud

Enjoy a variety of events brought to you by Capital One! Activities include: FREE Family Friendly Concert featuring Brat Pack Radio at the River’s Edge Convention Center on Friday night, free carnival rides all weekend, a presentation of the North Star Sled Dogs and Professional Musher Friday afternoon, Winter Wonderland at Lake George from 1-4 PM on Saturday, Capital One’s Hot Cocoa Bar on Saturday, too, and the Winter Nights and Lights Parade on Saturday at 5 PM!

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COMMUNITY RESOURCES

**Catholic Charities Emergency Services**
157 Roosevelt Rd., Suite 100
St. Cloud, MN 56301
(located near Tenvoorde Ford)

- www.ccastcloud.org
- (320) 650-1550
- info@ccastcloud.org

Catholic Charities offers a number of services including a food shelf, clothing program, holiday toys program and more. For most programs, you can register with ID and proof of address.

**Salvation Army Northern Division**
Worship and Service Center
400 U.S. Highway 10 S.
St. Cloud, MN 56304

- www.salvationarmynorth.org
- 320-252-4552

Salvation Army provides a weekday lunch program and food shelf. Additionally, they may be able to help with emergency assistance, utility assistance, emergency shelter, Warm Coat program, and more.

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CONTACT TRIO SSS AT SCTCC

**TRIO Main Office**
Northway Bldg. 1-401
320.308.6490

**TRIO Resource Center**
Northway Bldg. 1-252
320.308.5159

Email: triossss@sctcc.edu

Hours: 8 AM – 5 PM